

## POLE SIZING CHARTS

SKIER'S HEIGHT (cm)	POLE'S HEIGHT (cm)
More than 200cm	140
190 to 200 cm	135
185 to 190 cm	130
175 to 185 cm	125
170 to 175 cm	120
160 to 170 cm	115
155 to 160 cm	110
145 to 155 cm	105
135 to 145 cm	100
125 to 135 cm	95
115 to 125 cm	90
105 to 115 cm	85
Less than 105 cm	80

