

STATE OF ELEVENATE - GUIA DE TALLAS

HOMBRE

Talla (cm)	S	M	L	XL	XXL
A. Altura	170-178	175-183	180-188	185-193	190-198
B. Pecho	92,0	98,0	104,0	110,0	116,0
C. Cintura	81,0	86,0	92,0	98,0	104,0
D. Cadera	95,0	101,0	107,0	113,0	119,0
E. Costura interna, hasta el suelo	79,0	80,5	82,0	83,5	85,0
F. Longitud de las mangas	82,0	84,5	87,0	89,5	92,0

MUJER

Talla (cm)	XS	S	M	L	XL
A. Altura	155-165	160-170	165-175	170-180	175-185
B. Pecho	80,0	86,0	92,0	98,0	104,0
C. Cintura	66,0	71,0	76,0	82,0	88,0
D. Cadera	88,0	94,0	100,0	106,0	112,0
E. Costura interna, hasta el suelo	76,0	77,5	79,0	80,5	82,0
F. Longitud de las mangas	74,0	76,5	79,0	81,5	84,0

How to measure

A. Height

Measure your height without shoes.

B. Chest

Measure around your chest/bust, holding the tape measure under your armpit.

C. Waist

Measure around your natural waistline, approx. 20 cm above hips.

D. Seat

Measure around the fullest point of your hips while standing.

E. Inseam

From a standing position measure from your crotch to the floor.

F. Sleeve

With arm relaxed at your side and slightly bent, measure from center back neck, over point of shoulder, down the outside of the arm to the wrist.

