

## Table of sizes

### Adults

Head circumference in cm	52	53	54	55	56	57	58	59	60	61	62	63	64
Size	XXS	XS	XS	S	S	M	M	L	L	XL	XL	XXL	XXL

### Children

Sizes	44	46	48	50	52	54
Age	6 - 8 months	8 - 12 months	12 - 18 months	18 - 24 months	2 - 4 years	4 - 6 years